

PARENT NIGHT



**QUESTION
SUBMISSION
AVAILABLE ON THE
LETHBRIDGE SCHOOL
DIVISION WEBSITE**



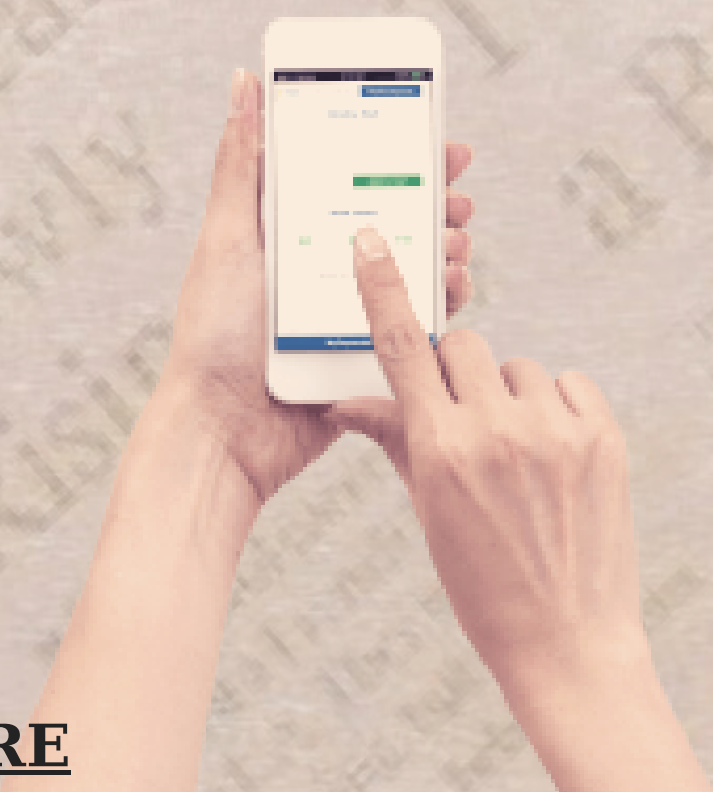
**Yates Memorial
Theatre**

November 15th 2023

7:00pm-8:00pm



**HOSTED BY THE
LETHBRIDGE SCHOOL
DIVISION IN
COLLABORATION
WITH HOLY SPIRIT
CATHOLIC SCHOOL
DIVISION**



THE TRUTH ABOUT YOUTH: CULTIVATING DIGITAL WELLNESS

The Lethbridge School Division and Holy Spirit Catholic School Division would like to warmly welcome parents, students, and staff to an evening of insight and collaboration. A collection of panel members with multidisciplinary viewpoints will be offering perspectives about youth and digital wellness. This event is intended to deliver guidance and support for families and individuals who are navigating parenting in the digital age. The panel members will be answering questions that have been submitted by parents (using the attached QR Code), and delivering their professional insights.

FOR MORE INFORMATION ABOUT DIGITAL WELLNESS: [CLICK HERE](#)