



## INKBLOT WORKLIFE ADVISORY SERVICES



Did you know you have access to consultations, coaching and resources through your Inkblot Employee and Family Assistance Program?

Log in to your Inkblot account at [www.inkblottherapy.com/ASEBP](http://www.inkblottherapy.com/ASEBP) and select Advisory Services from the menu at the top

### **Inkblot's Worklife Advisory Services offer support in the following areas:**

- ✓ Legal (family, real estate)
- ✓ Financial (tax, budgeting)
- ✓ Health Coaching (smoking cessation, nutrition)
- ✓ Life Transitions (eldercare, child care)
- ✓ Career (development, transition, retirement)
- ✓ Counselling

**FOR IMMEDIATE CONSULTATION CALL 1-855-933-0103 (TOLL-FREE, 24/7/365)**

Inkblot services are provided through your Employee and Family Assistance Program as part of your ASEBP benefits.

