

Extra-curricular and Co-curricular Phase-in Plan

The goal of the plan is to establish parameters for the commencement of extra-curricular and co-curricular activities in August 2021 and moving forward. The plan is subject to ongoing revision with consideration given to the pandemic context (e.g. rates of transmission/ number of illness) and revisions made to provincial guiding documents.

Note regarding AHS Guidelines: There are AHS guidelines that are specific to education included in Alberta Education guiding documents for school jurisdictions. These guiding documents distinguish school activity from community sport and recreation activity. AHS recommendations in the Alberta Education guiding documents will be taken seriously.

Guiding documents:

<https://www.asaa.ca/covid-19/general-covid-19-guidelines>

https://www.asaa.ca/sites/default/files/uploads/basic/attachments/guide_asaa_safe_return_to_high_school_athletics_part_2_2020_oct_8_compressed.pdf

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/playing-sports.html>

<https://www.alberta.ca/enhanced-public-health-measures.aspx#open>

COVID-19 Information, Stage 2: Guidance for Sport, Fitness and Recreation

“Guidance for Schools (K-12) and School Buses” February 11, 2022 Update [COVID-19 information : guidance for schools \(K-12\) and school buses - Open Government \(alberta.ca\)](#)

The chart below is fluid because the parameters at each phase reflects what the conditions are in the province relative to COVID-19, provincial guidelines and restrictions, and AHS recommendations. Specific sport and co-curricular activities (e.g. band, choir, drama) can more closely define parameters at each phase particular to the activity using AHS documents specific to the activity as well as ASAA guidelines.

Updated February 14, 2022

PARAMETERS	PHASE 0	PHASE 1	PHASE 2	PHASE 3 (with restrictions)
Activity Level	No extra-curricular sports/activities	Limited to no extra-curricular sports / activities. Activity may be restricted to practices only at secondary level. Any activity will be in accordance with Alberta Health Services (AHS) restrictions.	Extra-curricular sports/activities permitted with restrictions as outlined below and in keeping with any AHS and/or municipal guidelines. *For cohorts of students who are younger than age 12, there will be a more cautious implementation given the unknown outcome of vaccination rates and transmission (e.g. starting with no after-school activities and reviewing on an ongoing basis). *Field trips forms require acknowledgement of potential hazard of COVID-19 infection. *If another variant or illness presents the Division will respond as per AHS guidelines.	Extra-curricular sports/activities permitted with restrictions as outlined below. *Partial/Full vaccination in provincial context. As of Feb. 11, 2022, no proof of vaccination/COVID testing required. *For cohorts of students who are younger than age 12, there may be a more cautious implementation given the unknown outcome of vaccination rates and transmission (e.g. starting with no after-school activities and reviewing on an ongoing basis) *Many, if not most, AHS provincial restrictions relative to sport and recreation are less rigorous than Phase 2. *If another variant or illness presents, the Division will respond as per AHS guidelines/recommendations.
Cohorts	No activity groups	AHS guidelines	No limit on cohorts other than groups of students who are younger than age 12 where it is recommended that cohorts at a maximum of 50 (AHS).	No limit on cohorts other than groups of students who are younger than age 12 where it is recommended that cohorts are at a maximum of 50 (AHS).
Audience	No Audience/Fans/Performances	AHS guidelines	Outdoor Events – Restriction Exemption Program as well as other protocols including 1/3 capacity of facility or 150 non-fixed seating, physical distancing between non-household parties, no standing audiences; masks may be required. Cross country may need consideration (crowds, physical distancing) Indoor Events: Limited or no indoor event spectators. Schools may move to cautious implementation of “controlled events.” Controlled events are those with REP in place, identified participants (e.g., team rosters or list of students by name) and limited number of spectators for each participant. Spectators required to wear masks, physical distancing between non-household parties. Live streaming will be explored at each school site to facilitate virtual spectator access for events that are restricted to spectators.	Outdoor Events – Restriction Exemption Program removed as of February 11, 2022. Indoor Events – Restriction Exemption Program removed as of February 11, 2022. Spectators aged 13 and over must wear masks. Social distancing between families is encouraged. Facility limit of 500 spectators or 50% of capacity if facility has capacity of larger than 500.
Travel	No Travel	AHS guidelines	Provincial play permitted pending provincial and national guidelines.	Provincial play permitted adhering to provincial and national guidelines
Tournaments	No Tournaments	AHS guidelines	Tournaments permitted adhering to any provincial/national/international travel restrictions.	Tournaments permitted adhering to any provincial/national/international travel restrictions.
Masking Hygiene Practices Social Distancing		Masking & hygiene guidelines will be followed as per AHS guidance	Coaches/trainers/supervisors of activities/practices must be masked and maintain social distancing when not engaged in physical activity with athletes. Non-playing players must mask for events. Performers playing/singing without a mask must be socially distanced. Hand sanitization centers.	Supervisors of indoor activities/performances must be masked and maintain social distancing. During extra-curricular activities, mask protocols still apply for individuals aged 13 and older. Athletes/Performers/Coaches/Trainers/Officials must be masked when entering/exiting indoor school facilities and within all common areas, hallways, and washrooms. Hand sanitization stands available. Athletes/Performers/Coaches/Trainers/Officials do not need to be masked during the activity when socially distanced from spectators.
Volunteers	No Volunteers	AHS Guide	Volunteers following above guidelines.	Volunteers following above guidelines.
Changerooms	No Changerooms	No Changerooms	Assigned rooms.	Assigned Rooms.
Equipment	No Equipment	Equipment used-cleaning protocols	Limit shared equipment/materials, no team water bottles, hand sanitizer.	Follow AHS guidelines with appropriate sanitization of equipment/materials, hand sanitizer.

<p>Performance</p>			<p>Performance guidelines for band/drama/choir Performers for singing are not facing one another social distancing adhered to, masking is required as per AHS guidelines for performance (for rehearsing, not for live performance including wind instruments).</p>	<p>Performance guidelines for band/drama/choir Performers for singing are not facing one another social distancing should be adhered to Follow any other provincial guidelines specific to performance outlined in the provincial "Guidance for Schools (K-12) and School Buses"</p>
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