

## Extra-curricular and Co-curricular Phase-in Plan

The goal of the plan is to establish parameters for the commencement of extra-curricular and co-curricular activities in August 2021.

Guiding documents:

<https://www.asaa.ca/covid-19/general-covid-19-guidelines>

[https://www.asaa.ca/sites/default/files/uploads/basic/attachments/guide\\_asaa\\_safe\\_return\\_to\\_high\\_school\\_athletics\\_part\\_2\\_2020\\_oct\\_8\\_compressed.pdf](https://www.asaa.ca/sites/default/files/uploads/basic/attachments/guide_asaa_safe_return_to_high_school_athletics_part_2_2020_oct_8_compressed.pdf)

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/playing-sports.html>

<https://www.alberta.ca/enhanced-public-health-measures.aspx#open>

Record of Decision- CMOH Order 31-2021, 2021 COVID-19 Response re: Stage 2- Open for Summer Plan

COVID-19 Information, Stage 2: Guidance for Sport, Fitness and Recreation

The chart below is fluid because the parameters at each phase reflects what the conditions are in the province relative to COVID-19, provincial guidelines and restrictions, and AHS recommendations. Specific sport and co-curricular activities (e.g. band, choir, drama) can more closely define parameters at each phase particular to the activity using AHS documents specific to the activity as well as ASAA guidelines.

PARAMETERS	PHASE 0	PHASE 1	PHASE 2	PHASE 3 (with restrictions)
<b>Activity Level</b>	No extra-curricular sports/activities	Limited to no extra-curricular sports / activities. Any activity will be in accordance with Alberta Health Services (AHS) restrictions.	Extra-curricular sports/activities permitted with restrictions as outlined below and in keeping with any AHS and/or municipal guidelines. *For cohorts of students who are younger than age 12, there will be a more cautious implementation given the unknown outcome of vaccination rates and transmission (e.g. starting with no after-school activities and reviewing on an ongoing basis). *Field trips forms require acknowledgement of potential hazard of COVID-19 infection. <b>*If another variant or illness presents the Division will respond as per AHS guidelines.</b>	Extra-curricular sports/activities permitted with restrictions as outlined below. *Partial/Full vaccination in provincial context. *For cohorts of students who are younger than age 12, there may be a more cautious implementation given the unknown outcome of vaccination rates and transmission (e.g. starting with no after-school activities and reviewing on an ongoing basis) *Many, if not most, AHS provincial restrictions relative to sport and recreation are less rigorous than Phase 2. <b>*If another variant or illness presents the Division will respond as per AHS Guidelines/recommendations.</b>
<b>Cohorts</b>	No activity groups	AHS guidelines	No limit on cohorts other than groups of students who are younger than age 12 where it is recommended that cohorts at a maximum of 50 (AHS).	No limit on cohorts other than groups of students who are younger than age 12 where it is recommended that cohorts are at a maximum of 50 (AHS).
<b>Audience</b>	No Audience/Fans/ Performances	AHS guidelines	1/3 capacity of facility or 150 non-fixed seating, physical distancing between non-household parties, no standing audiences. Spectators/audience required to wear masks for all indoor events. Masks likely not required for outdoor events. Cross country may need consideration (crowds, physical distancing)	Currently no visitors/spectators attending any indoor performance/events within our school facilities. Live streaming will be explored at each school site to facilitate virtual spectator access. Ongoing consideration of trajectory/context in Lethbridge with goal of spectator attendance at events. As of October 1 <sup>st</sup> , restriction exemption program will be implemented at the University of Lethbridge Stadium for high school football. Masks are not required for outdoor events. Spectators age 12 and above will need to follow the provincial Restriction Exemption Program requirements.
<b>Travel</b>	No Travel	AHS guidelines	Provincial play permitted pending provincial and national guidelines.	Provincial play permitted adhering to provincial and national guidelines
<b>Tournaments</b>	No Tournaments	AHS guidelines	Tournaments permitted adhering to any provincial/national/ international travel restrictions.	Tournaments permitted adhering to any provincial/national/ international travel restrictions.
<b>Masking Hygiene Practices Social Distancing</b>		Masking & hygiene guidelines will be followed as per AHS guidance	Coaches/trainers/supervisors of activities/practices must be masked and maintain social distancing when not engaged in physical activity with athletes. Non-playing players must mask for events. Performers playing/singing without a mask must be socially distanced. Hand sanitization centers.	When able to transition to spectators attending indoor events: Supervisors of indoor activities/performances must be masked and maintain social distancing. Athletes/Performers/Coaches/Trainers/Officials <b>must be</b> masked when entering/exiting indoor school facilities and within all common areas, hallways, and washrooms. Hand sanitization stands available. Athletes/Performers/Coaches/Trainers/Officials <b>do not need to be masked during the activity</b> when socially distanced from spectators.
<b>Volunteers</b>	No Volunteers	AHS Guide	Volunteers following above guidelines.	Volunteers following above guidelines.
<b>Changerooms</b>	No Changerooms	No Changerooms	Assigned rooms.	Assigned Rooms.
<b>Equipment</b>	No Equipment	Equipment used-cleaning protocols	Limit shared equipment/materials, no team water bottles, hand sanitizer.	Follow Stage 3 AHS guidelines with appropriate sanitization of equipment/materials, hand sanitizer.
<b>Performance</b>			Performance guidelines for band/drama/choir Performers for singing are not facing one another social distancing adhered to, masking is required as per AHS guidelines for performance (for rehearsing, not for live performance including wind instruments).	Performance guidelines for band/drama/choir Performers for singing are not facing one another social distancing adhered to, masking is required as per AHS guidelines for performance (for rehearsing, not for live performance including wind instruments). <i>Note masking may become optional pending AHS guidelines &amp; municipal mask law.</i>

