HOW LONG TO STAY HOME FROM SCHOOL

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A student who is required to isolate due to symptoms may return to school—**before 10 days**—if they test negative for COVID-19 and no longer have symptoms, as long as they have not been identified as a close contact of a case of COVID-19. For more details: Isolation requirements

If a student has these symptoms	What to do
• Fever • Cough • Shortness of breath or difficulty breathing • Runny nose • Sore throat	• Isolate at home for a minimum of 10 days from when symptoms started or until symptoms resolve, whichever is longer. • COVID-19 test recommended. • Can return to school before 10 days only if a COVID-19 test is negative, symptoms are gone, and the student is not a close contact of someone with COVID-19. • If test results are positive, isolate at home for at least 10 days and follow instructions received from Alberta Health Services.
• Chills • Painful swallowing • Stuffy nose • Headache • Muscle or joint aches • Feeling unwell, fatigue or severe exhaustion • Nausea, vomiting, diarrhea or unexplained loss of appetite • Loss of sense of smell or taste • Pink eye (conjunctivitis)	• Stay home from school until symptoms go away—**not** required to isolate for 10 days. • COVID-19 test recommended. • If test results are positive, isolate at home for at least 10 days and follow instructions received from Alberta Health Services.

For more details: alberta.ca/returntoschool

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