

Alberta Education School Nutrition Program

2019-2020

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The purpose of the school nutrition program is to provide students in participating schools with access to nutritious food from each of the four good groups each day during the school year, at no additional costs to students or their families.

Outcomes

Students and parents/guardians know how to read nutrition labels.

Students know which foods to choose more often.

Students are aware of a wide variety of foods and food preparation.

Students know when they feel full.

Students feel they belong at school.

Students demonstrate healthy habits/choices regarding food and nutrition.

Students share nutrition information with their families.

Students/school community eat together.

Students are attentive and on task.

School authority policies encourage healthy food choices.

Students in Lethbridge School Division have healthy eating habits.

Students are engaged in their learning.

School and family environments support healthy food choices.

Lethbridge School Division students are successful.

Funding

Funds are targeted for the provision of nutritional meals, including costs associated with ordering, preparation, and delivery. Funds are not available for the development of infrastructure.

What's Happening in Lethbridge School Division



*Support Healthy
Eating in Schools*



Schools are accessing funds anywhere between **\$6 000 and \$60 000**, depending on the needs of the school and the type of project. Lethbridge School Division received approximately \$250 000.

8 Elementary Schools

2 Middle Schools

3 High Schools

1 Division Project

Across the Division;



\$46 050 -
SALARIES FOR
FOOD PREP



\$12 000 -
NUTRITION
EDUCATOR



\$140 780 - FOOD



\$6 220 – SMALL
KITCHEN WARES



\$32 850 – NON-
CAPITALIZED
ASSETS SUCH AS
APPLIANCES



\$2 635 –
FAMILY/NUTRITIONAL
EDUCATION NIGHTS



\$16 200 –
CONTRACTED
SERVICES

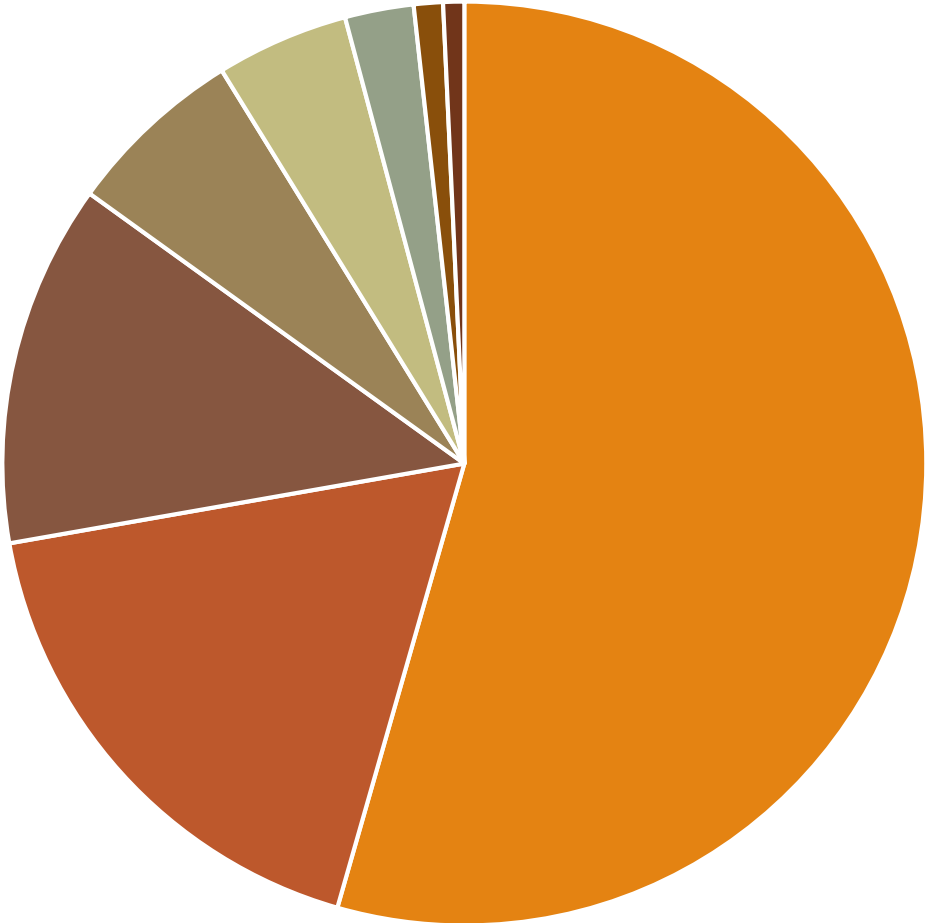


\$1 900 –
CLEANING
SUPPLIES

Funds Distribution



Funds



■ Food ■ Salaries ■ Appliances ■ Contracts ■ Educator ■ Small items ■ Family Nights ■ Cleaning

Division Project

Universal Distribution



- \$25 000 of the School Division Grant
- Schools will be having 7 visits between October and June.
- Schools will be supplied with between 100 – 200 (depending on population of the school) items to distribute to the students
- Items will arrive at your school on a Monday morning – dates will be provided to administration shortly.
- Each school has the ability to distribute the fruit or veggies as they see fit.
 - Parent volunteers / student volunteers to cut the items for school wide distribution
 - Baskets of items throughout the school for students to help themselves as needed
 - Schools supplements the items provided
 - Schools incorporate these items into other universally provided foods (carrots become carrot muffins for all students in the school)
 - Etc.