



607.1.7 Swimming Ability Form, Off-site Activities

Conditions: This form is filled out by the parent or guardian of the student and is returned to Teacher-In-Charge.

Parents/guardians are asked to complete the following information regarding the swimming ability of their son or daughter. Division staff and the Service Provider will use this information to best ensure the safety of the students during the program. Parents should be aware that Division policy states that swimming is only allowed in a lifeguard supervised pool or beach.

Student Name: _____ **School:** _____ **Class:** _____

Please check the appropriate space and provide comments if necessary.

Comfort level around the water:

- ☐ Not Comfortable
☐ Comfortable
☐ Very Comfortable

Swimming ability:

- ☐ Non-swimmer - cannot support themselves in deep water
☐ Novice - can support themselves in deep water and is capable of moving short distances <5m
☐ Intermediate - can support themselves in deep water for several minutes and can swim a length of the pool
☐ Advanced - can support themselves in the water and swim many lengths of the pool

Does your son/daughter have formal swim training:

- ☐ NO
☐ YES (complete below)

Red Cross (Old AquaQuest Program):

- | | | | | | |
|----------------------------------|----------------------------------|----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> Level 1 | <input type="checkbox"/> Level 2 | <input type="checkbox"/> Level 3 | <input type="checkbox"/> Level 4 | <input type="checkbox"/> Level 5 | <input type="checkbox"/> Level 6 |
| <input type="checkbox"/> Level 7 | <input type="checkbox"/> Level 8 | <input type="checkbox"/> Level 9 | <input type="checkbox"/> Level 10 | <input type="checkbox"/> Level 11 | <input type="checkbox"/> Level 12 |

Red Cross (New Swim Kids Program):

- | | | | | |
|----------------------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------------------|
| <input type="checkbox"/> Level 1 | <input type="checkbox"/> Level 2 | <input type="checkbox"/> Level 3 | <input type="checkbox"/> Level 4 | <input type="checkbox"/> Level 5 |
| <input type="checkbox"/> Level 6 | <input type="checkbox"/> Level 7 | <input type="checkbox"/> Level 8 | <input type="checkbox"/> Level 9 | <input type="checkbox"/> Level 10 |

Lifesaving Society-Swim for life (Ages 6 years and up):

- | | | | | |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> Swimmer 1 | <input type="checkbox"/> Swimmer 2 | <input type="checkbox"/> Swimmer 3 | <input type="checkbox"/> Swimmer 4 | <input type="checkbox"/> Swimmer 5 |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|

Lifesaving Society-Swim for life (Pre-School/Kindergarten under 6 years):

- | | | | | |
|---|---|---|---|---|
| <input type="checkbox"/> Little Swimmer 1 | <input type="checkbox"/> Little Swimmer 2 | <input type="checkbox"/> Little Swimmer 3 | <input type="checkbox"/> Little Swimmer 4 | <input type="checkbox"/> Little Swimmer 5 |
|---|---|---|---|---|

Comments/other information:

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Date: _____