



Lethbridge School District No. 51

## INTERNATIONAL SERVICES

LETHBRIDGE SCHOOL DISTRICT #51

433 - 15 STREET SOUTH

LETHBRIDGE ALBERTA

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[www.internationalservices.lethsd.ab.ca](http://www.internationalservices.lethsd.ab.ca)

### Homestay Rules and Regulations for Students

- Know that all host families look forward to sharing their home with you.
- Understand that although Canadian families are busy (both parents may work), staying with a family is an excellent way for you to practice English and learn about Canadian culture.
- Treat your host mother and father with respect – you are not living in a hotel, and your host mother and father are not servants.
- Follow the family's house rules, including when to home for meals and bedtime.
- Keep your living area clean and tidy.
- Be quiet after 10:00 p.m. By this time of night, taking showers, accepting phone calls, doing laundry, talking loudly, listening to loud music, etc. might be considered rude by most Canadian families.
- Shower for only 5-10 minutes. Families must pay for cold and hot water, and these costs are expensive. Also, hot water is limited and must be shared by the family.
- Phone collect or use a calling card when making long distance phone calls.
- Purchase your own junk food, snacks, ethnic foods, etc. as well as personal items (shampoo, toothpaste, etc....)
- Do not invite your friends to stay for meals or overnight unless your host family agrees.
- Be prepared to make your own breakfast and lunch (food will be provided). Your family will prepare the supper meal.
- Be prepared to clean your own bedroom and bathroom areas.
- Use of your laptop or computer is not permitted in your bedroom. Your host family is entitled to monitor computer use to ensure only appropriate use occurs.
- Use of illegal drugs or involvement in any illegal activities will result in you being sent home at your own cost.
- Smoking and use of alcohol is not permitted.
- Driving a vehicle is not permitted.
- Travelling with your host family is permitted, but you are not allowed to go on trips alone or with other students unless you obtain permission from the Homestay Coordinator and from the International Services Offices of Lethbridge School District.
- Your host family is not permitted to charge you extra fees. Do not pay money to your homestay family. In a situation in which you have caused damage in the home or accrued a long distance phone charge, extra payment to the host family may be required **but only after instructions to do so are provided by the Homestay Coordinator.**

