

# BABYSITTERS CHECKLIST

Parents Names: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Police: \_\_\_\_\_

Poison Control: \_\_\_\_\_

Doctor's name and phone number: \_\_\_\_\_

Emergency Contact name and phone number: \_\_\_\_\_

Child's name: \_\_\_\_\_

Age: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medication: \_\_\_\_\_

Bedtime: \_\_\_\_\_

Likes and Dislikes: \_\_\_\_\_

Child's name: \_\_\_\_\_

Age: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medication: \_\_\_\_\_

Bedtime: \_\_\_\_\_

Likes and Dislikes: \_\_\_\_\_

Child's name: \_\_\_\_\_

Age: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medication: \_\_\_\_\_

Bedtime: \_\_\_\_\_

Likes and Dislikes: \_\_\_\_\_

Child's name: \_\_\_\_\_

Age: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medication: \_\_\_\_\_

Bedtime: \_\_\_\_\_

Likes and Dislikes: \_\_\_\_\_

# **GENERAL CLEANLINESS WHILE BABYSITTING**

**Babysitters are hired to take care of the children they're responsible for. Cleaning is a part of doing a good job. A good babysitter will tidy up any messes that were made while caring for the children.**

- **If you prepare any food for the children, clean up any dishes, or pots and pans that may have been used. Wipe down counters and eating area too.**
- **Wash your hands before and after preparing food for the children.**
- **If making crafts, put crafting supplies away once done, and tidy the area used.**
- **Help children clean up the toys they are done playing with before moving onto the next activity.**
- **Clean up any spills that occur while you are there.**
- **If you are watching a baby, cleaning up will include changing and disposing of diapers, and cleaning out bottles.**

**Talk to parents before they leave, and make yourself some notes to help you remember your responsibilities while being a good babysitter.**

**If you don't feel well, it is "ok" to call in sick. Parents would prefer that you let them know and cancel. You don't want to risk getting the kids sick.**