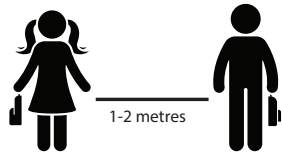


You CAN stop the spread of COVID-19

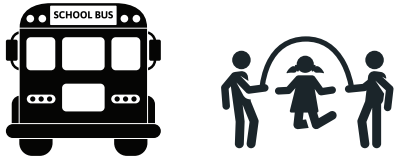
Hands to yourself... stay in your own space

I've been told to practice social distancing. What is this?



The best way to protect yourself is to stay in your own space. The Chief Medical Officer of Health is recommending, where possible, all students should keep their hands and bodies away from each other at a distance of 1-2 metres.

What if social distancing is not possible?



We recognize that it will not always be possible for students to be at the recommended distance from each other. In these instances, it is VERY important that students are regularly washing their hands with soap, covering their coughs and sneezes, and staying home at the first sign of illness.

What should I be telling my child? How can I help?



Have your child wash their hands before heading on the bus, remind them not to share their lunch or water bottle with friends, or play games on the playground that require hand to hand touching. Most importantly, tell them that it's very important to be truthful about how they are feeling.

Visit our website for more information related to COVID-19 management in schools.

www.lethsd.ab.ca